



# NCA COMPETITION DIVISIONS

FALL 2023 - SPRING 2024



## CROWD LEADING DIVISIONS

**Routine Length:** 2:30 minutes (Music Time: Up to 1:45 minutes)

**CHEER PORTION: EMPHASIZES CROWD LEADING ABILITY WITH CROWD EFFECTIVE MATERIAL AND PROPS TO ENHANCE CROWD ENGAGEMENT**

NOVICE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshmen	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female/Male
INTERMEDIATE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshmen	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
ADVANCED	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshmen	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
OTHER CROWD LEADING DIVISIONS	Novice Non-Building Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Novice Non-Building Varsity	5 - 30 members	9th - 12th grade**	Female/Male
	Novice Junior Club	5 - 30 members	14 years & younger	Female/Male
	Intermediate Non-Building Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Intermediate Non-Building Varsity	5 - 30 members	9th - 12th grade**	Female/Male
	Intermediate Non-Tumbling Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Intermediate Non-Tumbling JV/Freshman	5 - 30 members	11th grade and below	Female/Male
	Intermediate Non-Tumbling Varsity	5 - 30 members	9th - 12th grade**	Female/0 - 2 Males
	Advanced Non-Building Varsity	5 - 30 members	9th - 12th grade**	Female/Male
Advanced Non-Tumbling Varsity	5 - 30 members	9th - 12th grade**	Female/0 - 2 Males	

## PERFORMANCE DIVISIONS

**Routine Length:** 2:30 minutes (Music Time: Up to 1:45 minutes)

NOVICE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshmen	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female/Male
INTERMEDIATE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshmen	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
ADVANCED	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshmen	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male

Performance and Crowd Leading Divisions will be split into Small (5 - 16 members) and Large (17 - 30 members) when there are **AT LEAST FIVE** teams registered in **BOTH** split divisions at the event director's discretion. The Novice Junior Club division is available for sideline teams that do not fit into the standard divisions. This includes Elementary teams, Rec teams, and other club programs.

## GAME DAY DIVISIONS

**Routine Length:** 3:00 minutes

**Includes in this order: Band Chant, Situational Cheer, Crowd Leading Cheer and Fight Song--all crowd leading material suitable for the sideline or pep rallies.**

Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
JV/Freshmen	5 - 30 members	11th grade & below	Female/Male
Varsity	5 - 30 members	9th - 12th grade**	Female
Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
* Game Day Rally (previously Spirit Program)	5 - 30 members	9th - 12th grade**	Female/Male

Game Day Divisions will be split into Small (5 - 12 members), Medium (13 - 20 members) and Large (21 - 30 members) when there are **AT LEAST FIVE** teams registered in **EACH** split division at the Event Director's discretion.

\*Game Day Rally must consist of more than cheer and mascot by incorporating other Spirit Program elements such as band, drum line, dance team, etc. The programs participating must be officially recognized by the competing school's admin as a member of the competing school's dance, cheer or band program.

\*\*All Varsity divisions are for 9th - 12th grade. Athletes younger than 9th grade will be allowed to participate if they are enrolled in the school they are representing, are recognized as full time cheerleaders for that school, and receive written permission from NCA prior to competition. A Varsity Team will be considered COED when there are any male participants not including flag runners or mascots.