



Questions to Get Your Child Talking About the News

The decision of whether or not to let your kids watch the news is a difficult one. It's important to weigh all of the pros and cons before making a decision.

If you decided to watch the news with your child here are some questions you could ask them to monitor their reactions.

Do you have any questions about the news?

Do you understand why this happened?

How did hearing the news make you feel?

Are you worried about the world, the people, the environment, the animals on the news?

Do you think there is anything we could do as a family to help?

Do you think there is anything we could do as a family to make sure we are safe?

Do you know we will do our best to make sure you are safe?

Do you know that if you feel worried, sad or unsure about what you saw on the news you can come to me?

What's one thing you would change about this news?

What were you grateful for today?

If you could do anything to make this situation better what would you do?

If you could change the world, what would you change?