

2022 TRAINING CALENDAR

SPRING

ABOUT US

Center for Afterschool, Summer and Enrichment for Kids (CASE)

CASE for Kids, a division of Harris County Department of Education, services improve program quality and equalize access to afterschool, summer and enrichment opportunities – because what happens between school and home matters. To learn more about CASE for Kids services, visit www.hcde-texas.org/after-school

Harris County Department of Education (HCDE)

HCDE is a unique, educational hybrid serving school districts, governmental agencies, nonprofits and the public in the third-largest county in the U.S. HCDE annually serves a quarter-million students and educators through schools for students with profound special needs; the largest adult education program in Texas; Head Start early childhood education; school-based therapy services; and afterschool programs. Educator professional development and certification, school safety, records management, and a purchasing cooperative are also provided.

#SeeTheImpact at www.hcde-texas.org.

PD OPTIONS

CASE for Kids remains your link to professional development to meet the needs of Out-of-School Time (OST) field.

We offer:

In- person workshops and symposiums

Live webinars

Virtual library of CASE for Kids' recorded webinars

24/7 training opportunities through Cypherworx online platform

Learning community and workgroups to network and problem solve OST issues

Links to webinars from other organizations

JANUARY

Click on workshop title to register.

Certificates of attendance are provided after each session.

Supports for Building Belonging- Live Webinar

Friday, January 14, 2022, 10:00am - 11:30 am

This workshop will be held via ZOOM due to COVID-19 surge. This interactive workshop will provide an overview of the current research that promotes creating a supportive learning environment. Be ready to reflect on your own biases as a means to develop the critical awareness necessary to create belonging-supportive environments.

Ask, Listen, Encourage- Live Webinar

Wednesday, January 26, 2022, 10:00am -11:30am

Do you communicate with youth in a way that makes them feel supported and heard? This workshop introduces communication techniques that help you build more supportive, youth- centered relationships. Participants learn how to ask effective questions, to listen actively to youth, and offer youth encouragement rather than praise.

PAX Good Behavior Games in OST- Live Webinar

Friday, January 28, 2022, 10:00am - 11:30am

This workshop will be held via ZOOM due to COVID-19 surge. This evidence-based practice consists of a set of research-based strategies with origins in behavioral science, neuroscience, and cultural wisdom that operate together to improve children's self-regulation. Teachers implement these strategies as part of their daily routines transitioning from one task to the next, working as part of a team, limiting problematic behavior, and reinforcing pro-social behavior. See how PAX can benefit your program!

*Workshops and Symposium in
January will be via Zoom only!*

OST VIRTUAL WINTER SYMPOSIUM

Click on date below to register.

FRIDAY, JANUARY 21: 8:30-12:30 PM FREE

Symposium Topic:

Due to COVID-19 surge, the Winter Symposium will be a FREE virtual event. There will be general session and then three sessions of workshops providing 3.5 hours of professional development. Symposium will offer workshops that focus on SEL opportunities that demonstrate how caring adults influence the social and emotional well-being and skill-building of children and youth. You will learn how to connect research and best practices to activities you can use immediately in your program. Come ready to learn, reflect on your program and network with colleagues in a virtual, setting. 3.5 hours of training can be earned.

Symposium Logistics

Once registered for the general Symposium, you will receive information on each workshop and a link to attend the Zoom webinar. CASE hosts will be available to assist with any issues. If you are having trouble logging in on January 21, 2022, please contact Patrecie Hearon at 713-696-1375. Certificates of attendance for professional development will be provided.

FEBRUARY

*Click on workshop title to register.
Certificates of attendance are provided after each session.*

Creating Effective Summer Programs

Friday, February 4, 2022, 10:00am - 12:00pm

Research tells us that effective summer programs are highly dependent upon smooth operations. Planning for and executing summer programs can be stressful. Join CASE staff and your OST peers to learn strategies to gear up for your summer programs and fine-tune your engine for high-impact operations. You will leave with a clear map and a full toolbox to improve the summer experience for students, teachers, staff, and families.

Homework Help

Wednesday, February 9, 2022, 10:00am- 12:00pm

This workshop focuses on making homework help time effective by helping youth get organized, by providing an atmosphere that helps youth focus on their work, and by building a supportive relationship with youth. These elements help participants reconsider Homework Help as an opportunity to build relationships and nurture growth, beyond getting the work done.

OST Learning Community

Thursday, February 10, 2022, 10:00am - 11:30 am

Join colleagues from all aspects of the OST world to learn, problem solve and collaborate. The Learning Community provides a place where OST professionals can exchange knowledge, acquire skills and change their practice in and through social relationships.

*Unless otherwise noted. all workshops will
be at 6005 Westview Drive, Houston.
Registration required and closes 48 hours
prior to session or when full.*

FEBRUARY

Click on workshop title to register.

Certificates of attendance are provided at the end of the session.

Family Engagement Best Practices

Friday February 11, 2022, 10:00am - 12:00 pm

Social Emotional Learning (SEL) can have a huge impact on students in your OST program. CASEL (Collaborative for Academic, Social and Emotional Learning) has identified three signature SEL practices that create conditions for growth and learning across all five SEL competencies. In this workshop, we will explore these practices and develop strategies to incorporate them into OST programming.

Youth Voice

Wednesday, February 16, 2022, 10:00am -12:00pm

Are you providing young people with authentic, meaningful choices throughout your program? Does your program reflect the input of the youth involved? Research shows that quality programs incorporate youth input at both activity and organizational levels. This workshop will emphasize the importance of offering real choices and meaningful participation to youth, and nurturing youth leadership. This interactive workshop is focused on providing meaningful choice within activities and opportunities for youth input within the youth program itself.

Resilience in the Face of Adversity

Thursday, February 17, 2022, 10:00am - 12:00pm

First in a four part series. Workshop will focus on addressing the effect of stress and trauma on the brain as well as the major elements of resilience.

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be at 6005 Westview Drive, Houston.
Registration required and closes 48 hours
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RESILIENCY SERIES

Click on workshop title to register

Certificates of attendance are provided at end of training. It is recommend to attend the whole series.

Resilience in the Face of Adversity.

Thursday, February 17, 2022, 10:00am - 12:00pm

First in a four part series. Workshop will focus on addressing the effect of stress and trauma on the brain as well as the major elements of resilience.

Building Student Resilience in the OST Classroom

Thursday, March 10, 2022, 10:00am - 12:00 pm

In this second part of a 4-part series, we will focus on creating strategies to connect resilience research to positive classroom and program climate by offering an opportunity to integrate strategies that nurture student resilience.

Resilience: Self Care Guide for OST Staff

Thursday, March 31, 2022, 10:00am -12:00 pm

In this third part of our series, we provide OST staff the opportunity to self- assess their personal level of stress and reflect on the elements of self- care they can use to support their own resilience

Resilience: Resource Guide for OST Administrators

Thursday, April 14, 2022, 10:00am -12:00 pm

The final part of this series focuses on providing resources to support a culture of school wide resilience-building within your program.

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FEBRUARY

Click on workshop title to register

Certificates of attendance are provided at end of training.

Bully- Documentary and Discussion

Friday, February 18, 2022, 10:00am - 12:00pm

This year, over 13 million American kids will be bullied at school, online, on the bus, at home, through their cell phones and on the streets of their towns, making it the most common form of violence against children. Join CASE for Kids as we view the award-winning movie and discuss what can be done in OST. This workshop is part of our recognition of Pink Shirt Day (Feb 23) to raise awareness about bullying.

Building Community- Live Webinar

Wednesday, February 23, 2022, 10:00am - 12:00pm

Do you know what it takes to build an emotionally and physically safe space for youth? Building an emotionally safe community of peers and adults is essential for youth to learn and develop as individuals. This interactive workshop will introduce participants to a variety of activities designed to support the community building process.

Creating a Culturally Responsive Space

Friday, February 25, 2022, 10:00am - 12:00pm

Building and sustaining collaborative relationships with students and families is essential not only for understanding their shared experiences, but also for meeting students' learning needs and desires. This hands-on interactive workshop will provide you with strategies to create a culturally responsive space for your staff, students, and families. Participants will engage in creating an inclusive setting that recognizes the diverse student population.

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prior to session or when full.*

MARCH

Click on workshop title to register
Certificates of attendance are provided at end of training.

Active Learning

Tuesday, March 1, 2022, 10:00am- 12:00 pm

Do you know the difference between active learning and “hands-on” learning? Giving youth materials is just the beginning. This interactive workshop introduces strategies for incorporating active learning, and helps participants create more powerful learning opportunities for youth.

Trauma and Mindfulness for OST Professionals

Friday, March 4, 2022, 10:00am - 12:00pm

In this workshop, out-of-school time professionals learn more about the signs and effects of trauma in students and adults, as well as strategies to provide a trauma informed afterschool space where students can thrive.

Structure and Clear Limits

Tuesday, March 8, 2022, 10:00am - 12:00pm

How do you prevent chaos in a youth environment without stifling the positive energy of youth? Youth need structure and clear limits in order to feel safe. This interactive workshop helps participants analyze the level of structure in their programs and practice identifying and maintaining clear limits.

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be at 6005 Westview Drive, Houston.
Registration required and closes 48 hours
prior to session or when full.*

MARCH

Click on workshop title to register
Certificates of attendance are provided at the end of the session.

Building Student Resilience in the OST Classroom

Thursday, March 10, 2022, 10:00am - 12:00pm

In this second part of a 4-part series, we will focus on creating strategies to connect resilience research to positive classroom and program climate by offering an opportunity to integrate strategies that nurture student resilience

Understanding Challenging Behaviors

Wednesday, March 23, 2022, 10:00am- 12:00pm

Behavior is the language of need and it's our job to figure out what the youth in our care are telling us. We will explore ways to recognize the triggers that can cause challenging behavior in school age kids and we'll take a look at how important our preparation, reactions and responses can be in successfully handling a situation in positive and productive ways.

Planning and Reflection in OST

Friday, March 25, 2022, 10:00am -12:00pm

Are you engaging youth in the critical life skills of planning and reflection? Are you ready to be more intentional about including planning and reflection strategies into your daily activities but not sure where to start? This workshop introduces participants to powerful and easy to use methods that promote youth engagement in planning, implementing, and evaluating activities and projects.

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MARCH/APRIL

Click on workshop title to register
Certificates of attendance are provided at the end of the session.

Resilience: Self Care Guide for OST Staff

Thursday, March 31, 2022, 10:00am- 12:00pm

In this third part of our series, we provide OST staff the opportunity to self- assess their personal level of stress and reflect on the elements of self- care they can use to support their own resilience. There are many aspects of your life you can control, modify, and grow with. That's the role of resilience. Becoming more resilient not only helps you get through difficult circumstances, it also empowers you to grow and even improve your life along the way.

Spring Symposium

Friday, April 1, 2022, 8:30am- 2:00pm

HCDE Conference Center, 6300 Irvington Blvd., Houston

The Spring Symposium will be a live event with COVID distancing protocols in place. There will be three sessions of workshops providing 4.5 hours of professional development. Symposium will offer workshops that focus on Social Emotional Learning (SEL) and play. Come ready to laugh, learn new games and SEL incorporation techniques as well as network with colleagues. \$45 fee includes snacks and lunch

*Unless otherwise noted. all workshops will
be at 6005 Westview Drive, Houston.
Registration required and closes 48 hours
prior to session or when full.*

SPRING SYMPOSIUM

FRIDAY, APRIL 1: 8:30AM -2:00 PM \$45

Symposium Topic:

The Spring Symposium will be a live event with COVID distancing protocols in place. There will be three sessions of workshops providing 4.5 hours of professional development. Symposium will offer workshops that focus on Social Emotional Learning (SEL) and play. Come ready to laugh, learn new games and SEL incorporation techniques as well as network with colleagues. 4.5 hours of training can be earned.

Symposium Logistics

We are excited to host the OST Spring Symposium in person at our IHCDE Conference Center at 6300 Irvington Blvd., Houston. There is garage parking on-site and snacks and lunch will be provided. Certificates of attendance for professional development will be provided. \$45 fee

APRIL

Click on workshop title to register
Certificates of attendance are provided at the end of the session.

Youth Voice

Wednesday April 6, 2022, 10:00am -12:00 pm

Are you providing young people with authentic ,meaningful choices throughout your program? Does your program reflect the input of the youth involved? Research shows that quality programs incorporate youth input at both activity and organizational levels. This workshop will emphasize the importance of offering real choices and meaningful participation to youth, and nurturing youth leadership. T

OST Learning Community

Thursday, April 7, 2022, 10:00am -11:30am

Join colleagues from all aspects of the OST world to learn, problem solve and collaborate. The Learning Community provides a place where OST professionals can exchange knowledge, acquire skills and change their practice in and through social relationships.

OST Activities from the SMART Zone!

Friday, April 8, 2022, 10:00am- 12:00pm

Are you looking to spice up your programming? Do you want to try out cool curriculum and materials without investing cash? Join us to interact with available to borrow materials from the SMART Zone! These academic enrichment activities are designed specifically for out-of-school time. This workshop will provide an opportunity for hands-on activities that will show how you can explore literacy, STEM and STEAM with your OST students

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APRIL

Click on workshop title to register
Certificates of attendance are provided at the end of the session.

Ask Listen Encourage

Tuesday, April 12, 2022, 10:00 am- 12:00 pm

Do you communicate with youth in a way that makes them feel supported and heard? This workshop introduces communication techniques that help you build more supportive, youth- centered relationships. Participants learn how to ask effective questions, to listen actively to youth, and offer youth encouragement rather than praise.

Resilience: Resource Guide for OST Administrators

Thursday, April 14, 2022, 10:00am -12:00 pm

Building student resilience can mitigate the impact of adversities, enabling students to rise above the challenges they face and recalibrate their responses accordingly. This is especially the case when students have relationships with caring, supportive peers and adults whose actions are grounded in resilience building principles. The final part of this series focuses on providing resources to support a culture of school wide resilience-building within your program.

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be at 6005 Westview Drive, Houston.
Registration required and closes 48 hours
prior to session or when full.*

APRIL

Click on workshop title to register
Certificates of attendance are provided at the end of the session.

Structure and Clear Limits

Tuesday, April 19, 2022, 10:00am -12:00 pm

How do you prevent chaos in a youth environment without stifling the positive energy of youth? Youth need structure and clear limits in order to feel safe. This interactive workshop helps participants analyze the level of structure in their programs and practice identifying and maintaining clear limits.

Mind Matters: Overcoming Adversity and Building Resilience

Friday, April 22, 2022, 10:00am -12:00pm

Too many students experience on-going stress, and all too often the underlying trauma of Adverse Childhood Experiences (ACEs) takes a toll. Mind Matters gives OST professionals a way to directly help young people who may have experienced trauma in their lives build skills to self-regulate. During the workshop you will learn fun ways to engage young people in learning self-soothing, emotional regulation, and other neurobiological skills for self-management and recovery.

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Registration required and closes 48 hours
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RECORDED WEBINARS

CASE for Kids has a virtual library of recorded webinars featuring local OST content experts and CASE for Kids staff. Registration is required to view a recording. Certificates of attendance will be provided. Webinars range in length from 20 minutes to one hour.

Topics include:

Social and Emotional Learning (SEL) for students and adults

Activities for OST programs (direct care and virtual)

Classroom/Behavior Management

Communication

Literacy/Numeracy

Virtual Learning

Equity

[Click to view webinar descriptions and register](#)

FREE WEBINAR RESOURCES

[Click to Science](#)
[Virtual Lab School](#)
[Afterschool Alliance](#)

[CASEL](#)

[ASCD](#)

[edWeb](#)

[Common Sense Education](#)

**Please note that Harris County Department of Education/CASE for Kids does not control or guarantee the accuracy, relevance, timeliness or completeness of any outside information on these sites. Further, the inclusion of these links is not intended to endorse any views expressed, or products or services offered on these outside sites, or the organizations sponsoring the sites. As always, follow your district's or organization's policies.*

CYPHERWORX

CASE for Kids Sponsored On-Line Training Opportunity

Access additional opportunities for professional development through courses designed for OST professionals. These training opportunities are available 24/7 using any device. Individual users can track course progress and print a certificate upon completion! Supervisors can contact Kathy Evans (kevanse@hcde-texas.org) to learn how they can individualize the system for their staff. Topics include:

- **Developmental stages of school age youth**
- **Activity planning**
- **Guiding behavior/Safety**
- **Professionalism**

Courses are appropriate for front line staff and supervisors.

[Review](#) the course catalog

[Register](#) to access online training

CONTACT US

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713-696-1331

Learn more:

www.afterschoolzone.org



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HCDE CaseforKids