

2020 - 2021 NJCAA SPORTS PROCEDURES

Sport	Start Date	Game Date 2020-2021	End Date	** # Of Contests	# Of Scrimmages	*** # of Letter of Intent Signees/ Scholarships	Letter of Intent Signing Date
Baseball (Fall) Men	Sept 5	---	Nov 15	0	15	24	November 1
Baseball (Spring) Men	Jan 4	Jan 22	NJCAA Tourney	56 Games/Scrimmages			
Basketball (Fall) Men/Women	Sept 15	---	Dec 15	0	5 Dates with a maximum of 2 dates allowed in the spring	15	November 1
Basketball (Spring) Men/Women	Jan 4	Jan 20	NJCAA Tourney	22 Games			
Beach Volleyball (fall) Women	Sept 5	---	Nov 15	0	4 dates with a maximum of 2 dates in the spring	10	November 1
Beach Volleyball (Spring) Women	March 10	April 1	May 15	16 Dates			
Bowling (Fall) Men/Women	Sept. 15	---	Dec 15	22 Dates with a maximum of 4 scrimmage dates in the fall		12	November 1
Bowling (Spring) Men/Women	Jan 4	Jan 8	USBC Tourney				
Cross Country Men/Women	Aug 1	♦♦♦Aug 20	NJCAA Meet	10 Dates combined with Half Marathon	0	10 Combined (Cross Country & Half Marathon)	November 1
Football (Fall) Men	Aug 15	---	Nov 15	0	3 Dates	85	1st Wednesday in February
Football (Spring) Men	March 1	March 25	Bowl Games	8 games	0		
Golf (Fall) Men/Women	Sept 5	Sept 5	Nov 15	30 Dates Fall and Spring Combined		8	November 1
Golf (Spring) Men/Women	Jan 4	Jan 22	NJCAA Tourney				
Half Marathon Men/Women	Aug 1	♦♦♦Aug 20	NJCAA Meet	10 dates combined with Cross Country	0	10 Combined (Cross Country & Half Marathon)	November 1
Lacrosse (Fall) Men/Women	Sept 5	---	Nov 15	22 Dates Fall and Spring Combined		20	November 1
Lacrosse (Spring) Men/Women	Jan 15	Feb 21	NJCAA Tourney				

Sport	Start Date	Game Date 2020-2021	End Date	** # Of Contests	# Of Scrimmag es	*** # of Letter of Intent Signees/ Scholarships	Letter of Intent Signing Date
Soccer (Fall) Men/Women	Aug 15	---	Nov 15	0	4 Dates Total a maximum of 2 in the spring)	24	November 1
Soccer (Spring) Men/Women	March 15	April 2	NJCAA Tourney	14			
Softball (Fall) Women	Sept 5	---	Nov 15	0	7 Dates	24	November 1
Softball (Spring) Women	Jan 4	Jan 22	NJCAA Tourney	30 Dates/Scrimmages			
Swimming (Fall) Men/Women	Sept 15	---	Dec 15	0	2 Dates	15	November 1
Swimming (Spring) Men/Women	Jan 4	Jan 11	NJCAA Meet	16 Dates	0		
Tennis (Fall) DI & DIII Women/DI & DIII Men	Sept 5	Sept 5	Nov 15	35 Dates combined Fall and Spring		###	November 1
Tennis (Spring) DI & DIII Women/DI & DIII Men	Jan 4	Jan 22	NJCAA Tourney				
Track & Field (Fall Indoor & Outdoor) Men/Women	Sept 15	---	Dec 15	0	2 Dates	20	November 1
Track & Field (Spring Indoor & Outdoor) Men/Women	Jan 4	Jan 18	NJCAA Meet	17 Dates combined Indoor / Outdoor 0	0		
Volleyball (Fall) Women	Aug 15	---	Nov 15	0	5 Dates Total, with a maximum of 2 in the spring	14	November 1
Volleyball (Spring) Women	Jan 4	Jan 22	NJCAA Tourney	21 Dates			
Wrestling (Fall) Men	Sept 15	---	Dec 15	0	2 Dates	20	November 1
Wrestling (Spring) Men	Jan 4	Jan 20	NJCAA Tourney	14 Dates	0		

Special Notes:

- In the NJCAA, a scrimmage is athletic competition against any outside team or individual that is not an official contest or practice. Scrimmages must meet the NJCAA scrimmage definition defined in Article VII, Section 2.B and may not include more than two outside opponents. Football is limited to one outside opponent.
- Swimming & Diving and Track & Field scrimmage times may not be used for national meet qualification.
- No limitation to the number of teams participating in an official event for the sports of golf, tennis, bowling, cross-country, or half-marathon. Scrimmages in these sports are still limited to no more than two outside opponents.

The numbers listed above are the same for each Division (I, II & III).

- > Division I may grant the number of scholarships listed above.
- > Division II may grant the number of scholarships listed above, but are limited to tuition, course related fees, course related books and up to \$250 in course required supplies.
- > Division III may not offer athletic scholarships.
- > **NOTE:** See Article VI, Section 1.B.1.a. for NJCAA athletic scholarship division allowances.

****** Number of Contests refers to regular season games only and does not include postseason competition.

******* Numbers in the Letter of Intent Signees/Scholarships column are separate for men and women.

An "Athletic Scholarship" is defined as any financial assistance awarded to the student-athlete, from any source, because of his/her athletic capabilities and is considered to be counter under Article VI, Section 1.A.1. The Letter of Intent/Scholarship Agreement form shall be prescribed by the NJCAA and shall be in effect for one (1) academic year. An "academic year" is defined as August 1st to July 31st of the following year.

Definition of "Administered": The financial assistance awarded to a student-athlete, regardless of source (e.g. college, booster club, foundation, civic groups, private citizen, etc.) must be officially recorded in and disbursed by the college's office of financial aid and business office.

Division I Tennis will be limited to a maximum of nine Letters of Intent/Scholarships. Three of the nine scholarships given may be a maximum of tuition, course related fees, room and board, course related books, up to \$250 in course required supplies and transportation costs to and from the college by direct route one time per academic year. Six of the nine scholarships are limited to tuition, course related fees, course related books and up to \$250 in course required supplies.

◆◆ If November 1st falls on a Saturday or Sunday, the preceding Friday will be utilized as the official start date for men's and women's basketball. **Not Applicable for 2020-2021**

◆◆◆ If August 22nd falls on a Friday, Saturday or Sunday, the preceding Thursday will be utilized as the official start date for fall sports including: ~~fall baseball~~, cross country, ~~football~~, ~~fall golf~~, half marathon, ~~fall lacrosse~~, soccer, ~~fall softball~~, ~~fall tennis~~ and volleyball. **Not Applicable for the sports that have a strikethrough for 2020-2021**

A signee of an NJCAA Letter of Intent counts towards the overall maximum number of individuals in that sport regardless of the amount of athletic scholarship.