



Turn notifications off for your Apple watch for MH-Cure Silver

- A. Having notifications on to your Apple watch can cause you to miss notifications
- B. To disable Apple Watch notifications for MH-CURE: Launch the Apple Watch app on your iPhone
- C. Select "Notifications" from the Home screen.
- D. Scroll down the list of Applications and find MH-CURE.
- E. Toggle notifications OFF (green to black) for MH-CURE



K Back	Notifications	
٢	Hub	
	Lime	
lyA	Lyft	
B D H V H V H	Marriott	
	Meet	
\bigcirc	Messenger	
Ξ	MH-CURE Platinum	
117.	National	