

Pathway to Services and Supports for Autism Spectrum Disorder (ASD)

If you've noticed that a child you work with is exhibiting signs of autism or has been diagnosed with autism, there are a variety of services and benefits their family might be able to access. Below, you can see the types of support services different state agencies can connect you with. Support services should be person-centered; each child's needs will be different, and the services they use should be tailored to best fit their needs.

Healthcare



A healthcare provider or clinic may help with:

- Developmental screening
- Well-child checkups
- Medical diagnosis, including:
 - Initial history, exam, and labs
 - Referral to psychology, developmental pediatrics, or other specialist for diagnostic assessment
- Care or referral for:
 - Nutrition or digestion
 - Seizures
 - Sleep problems
- Referrals for:
 - Occupational therapy (OT)
 - Physical therapy (PT)
 - Speech and language pathology (SLP)
- Medications



Education



Services could include, but are not limited to:

- Assistive technology
- Child care services
- Early Childhood Family Education (ECFE) program
- Educational/developmental interventions
- Head Start program
- Hearing and vision screenings
- Home visits
- IEP
- OT, PT, and SLP
- Preschool
- Service coordination and community referrals
- Special education

These services are free to all qualified students.

Visit HelpMeGrowMN.org, call 1-866-693-GROW (4769), or contact your local school district for an education evaluation

Services and supports



- Case management
- Children's Therapeutic Services and Supports (CTSS)
- Early Intensive Developmental and Behavioral Intervention (EIDBI)
- Family Support Grant
- OT, PT, and SLP

Contact your local county or tribal human service agency to request financial assistance or a MnCHOICES assessment. This can give you access to waiver services. Services could include, but are not limited to:

- Consumer Support Grant (CSG)
- Personal Care Assistance (PCA)
- Consumer directed community supports (CDCS) services
- Referrals
- Waiver services:
 - Case management
 - Employment
 - Equipment and supplies
 - Transportation
 - Housing
 - Other supports



Transition and long-term services & supports



- Behavioral health services
- Employment services
- Home care nursing
- Independent living
- Home health aide
- OT, PT, and SLP
- Postsecondary education
- Case management



Note: not all services are available in all areas. Contact your local service providers or other contacts mentioned on this page to determine service availability.

For more information, visit mn.gov/autism or contact ASD.DHS@state.mn.us. Call the Disability Hub MN™ at 1-866-333-2466 or visit disabilityhubmn.org to get connected to resources and services.

