

AAP Rural Pediatrics: Anxiety and Depression ECHO

The American Academy of Pediatrics National Rural Adolescent and Child Health (NRACH) ECHO Training Center is recruiting primary care providers who live in or serve rural communities to join an 8-month learning collaborative. The goal of this ECHO is to build the capacity of primary care providers who live in or serve rural and frontier communities to provide quality behavioral and mental health care with a focus on anxiety and depression.

Pediatric providers will engage in the ECHO (Extension for Community Healthcare Outcomes) model[™], a telementoring platform that leverages video conference technology to connect experts with primary care teams in local communities, fostering an "**all teach, all learn**" approach. This program differs from a traditional webinar in that all attendees actively participate and learn from each other.

Benefits of participating:

- ✓ Improve access to quality care for patients in rural communities who are affected by childhood anxiety and depression
- ✓ Increase knowledge regarding best practices for identifying and treating children to manage anxiety and depression
- ✓ Identify tools for integrating mental health care into rural practice, including
- ✓ use of teleconsultation services from Pediatric Mental Health Care Access programs, or use of telehealth visits with patients
- ✓ Learn new quality improvement (QI) methods and track improvement through monthly data collection to achieve desired outcomes in your practice
- ✓ Network and problem-solve with other rural providers and with expert faculty
- Practices located in HRSA defined rural areas that participate in the QI project are eligible to receive \$1000 per practice
- ✓ Participating pediatricians will have the opportunity to earn American Board of Pediatrics Part 4 Maintenance & Part 2 Maintenance of Certification (MOC) credit (pending approval) as well as continuing education credits

Timeline:

October - November 2022

- Submit online registration
- Receive onboarding materials
- Attend program kick-off call
- November 2022 June 2023
- Attend 1 ECHO and 1 QI session per month
- Prepare a case review form
- Complete post session surveys

Who should apply:

- ✓ Pediatricians
- ✓ Family Physicians
- Physician Assistants
- ✓ Nurse Practitioners
- ✓ Nurses
- ✓ Social Workers
- ✓ Community Health Workers

June -July 2023

- Complete post ECHO evaluation survey
- Participate in focus group (optional)

Interested?

When: 3rd Fridays of the month starting November 18, 2022

Time: **12-1pm CST** (10am -11amPT/11am-12pm MT/1pm-2pm ET)

Apply online <u>here</u> by November 10, 2022

Contact Oyin Oloniniyi, ECHO Manager at <u>ooloniniyi@aap.org</u> with any questions

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