



City of Quesnel
410 Kinchant St,
Quesnel BC V2J 7J5

North Cariboo Seniors' Council
102 – 246 St. Laurent Street
Quesnel, BC V2J 2C9
250 991-0510

July 5th, 2022

Honorable Mr. Simpson,

We are writing this letter to request support from the City of Quesnel for the Age-friendly Communities Grant Program for the development of the Co-Living Project.

As you are aware North Cariboo Seniors' Council and The City of Quesnel worked together to create the North Cariboo Senior Housing Gap Analysis, reporting out January 2021. The analysis concluded the information collected from the Senior Housing Demand and Supply Surveys that were conducted in the fall of 2020, showed that seniors in Quesnel are mostly living in larger single-family homes, which in many instances are becoming difficult to manage.

The Goal of this Project is to engage in a project to improve the quality of life of seniors through a co-living model of housing. The coordinator would develop the paperwork, support compatibility of seniors and students, and build capacity for NCSC to support seniors to either stay in their own home or for seniors to cohabitate together.

This project will help support Quesnel's senior population to live independently longer and support our communities Age-Friendly designation.

To continue we need your support in the way of a resolution to support the Age-friendly Communities Grant Program application.

Should you need any more information about the project, please do not hesitate to contact Jon Fine at 250-991-0510 or email info@caribooseniorscouncil.org.

Thank you for your time,

Sincerely,

A handwritten signature in blue ink, appearing to read "Jon Fine", is written over a yellowed, lined piece of paper.

Jon Fine
President
North Cariboo Seniors' Council



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Co-Living Project

The Goal of this Project is to engage in a project to improve the quality of life of seniors through a co-living model of housing.

In Quesnel, there is a shortage of suitable housing for seniors housing.

As an organization we are seeing gaps for housing for seniors, to address this need we are looking for funding for to apply for a Co-Living Coordinator.

The Co-Housing Coordinator would develop the paperwork, support compatibility of seniors and students, and build capacity for NCSC to support seniors to either stay in their own home or for seniors to cohabitate together.

Applying for \$11500.00

For more Information on how these models have been successful:

<https://rethinking65.com/2022/04/05/intergenerational-living-bests-retirement-communities/>

<https://www.todayinbc.com/news/letter-cohousing-group-looking-to-establish-in-quesnel/>

<https://rethinking65.com/2022/04/05/intergenerational-living-bests-retirement-communities/>

<https://www.radicalresthomes.com/why-something-radical/>

Age Friendly Assessment Action Plan:

https://www.quesnel.ca/sites/default/files/docs/arts-recreation/quesnel_age-friendly_assesment_and_action_plan_-_final_-_council_june_26_2018.pdf

Quesnel Housing Gap Analysis

https://www.quesnel.ca/sites/default/files/docs/building-development/north_cariboo_senior_housing_gap_analysis_2021.pdf



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Quesnel & Area Senior Housing Demand Survey

Summary of the survey results

CITY OF
Quesnel



A senior housing survey was created on behalf of the North Cariboo Seniors' Council and deployed by City of Quesnel, Northern Health and the Cariboo Regional District (CRD) with links to the North Cariboo Senior Council website.

TIME IN THE COMMUNITY **71%** have lived in the region for over 30 years **89%** do not plan on leaving the region **10%** have moved here in the past 5 years



32% have been living in their current home for over 30 years

72% are living in single family homes

At any given time

30%

of the Quesnel Hospital capacity is elderly patients awaiting discharge, unable to return to a home that may be unsafe.

68% feel their home is unsuitable now or won't be in 5-10 years **14%** within 10-21 years



Downsizing

Most respondents who are planning to downsize would choose to move to a gated community, apartment or townhome.



Income Level

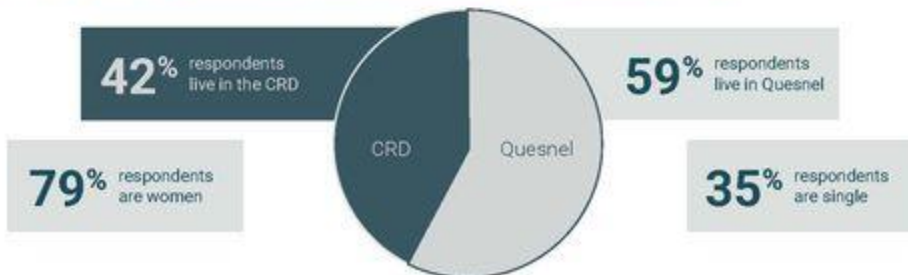
less than \$40,000 31%
\$40,000 - \$60,000 30%
\$60,000 - \$100,000 38%
more than \$100,000 10%



Limitations

32% have physical limitations that challenge the desire and ability to stay in the larger homes.

193 individuals (92% age 55+) in Quesnel and the CRD responded to the housing demand survey.



Census data shows that there are over 3,200 residents over the age of 60 in the region.



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The Co-Ordinator would work towards supporting the options of either Intergenerational Housing or a Cohabitational model of housing.

Community Benefits:

- Community Partnership with CNC.
- Strengthens social connections, especially among the elderly, and to provide some personal healthcare needs through sharing the chores.
- Co-housing and home sharing are increasing to accommodate those in need of affordable housing.
- Allows seniors to age in place longer.
- Builds Community Connection for both students and seniors.
- Emotional Support for each other.
- Builds community connection.
- Increasing housing access, independent living, and affordability for all.

Mission Statement

Our mission is to protect and enhance the safety, quality of life, livability and sustainability of our Senior Citizen community. Also, to embrace and benefit such members of our community from the opportunities before us. We will be successful in serving the needs of our Seniors' community through:

- Visionary Leadership
- Strong Community Partnerships
- Safety and Service
- Sound Financial Management



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Quick Facts about North Cariboo Seniors' Council

<http://www.caribooseniorscouncil.org/>

- We were established by the city to identify and fill the gaps in services for seniors in our community.
- We are a not for profit built through partnerships and technical support with: City of Quesnel, Cariboo Regional District, Northern Health, Quesnel & District Hospice Palliative Care Association, Quesnel Seniors' Society, Quesnel Literacy, Quesnel Co housing, Better at Home, NCAFPS(Longname).
- We are in Spirit Square 102 246 St Laurent Ave and are open 10:30 AM to 1:30 PM Monday through Thursday.
- Our Meal Preparation and Delivery Program for seniors has provided food services for over 80 seniors, delivering 200 meals per month to seniors in need.
- Our Yard Works program assists over 50 seniors with yard maintenance which helps our seniors stay home longer.
- We have helped 36 seniors with snow removal this past winter.
- We have partnered with Literacy Quesnel Society to launch, more digital literacy programs to introduce seniors to technology that they can use to connect with loved ones.
- Our coordinator is developing programs and resources for seniors in our community.
- We are publishing a Seniors Connection Community Booklet to connect seniors with various supports in our community.