

PIRATE BLIZZARD BOXES

for Pearl River Senior Citizens

PRMS and PRHS are joining forces to create Pirate Blizzard Boxes for Pearl River Senior Citizens. Follow the steps below to help spread a little comfort and cheer to our local senior citizens!

Questions?

PRMS: Contact Holly Gallet (galletholl@yahoo.com) or Kristi Thompson (kvthompson@gmail.com)

PRHS: Contact Denise Anselmi (danselmi07@gmail.com)

Steps:

- 1) Collect shoe boxes (no boot boxes or large boxes, shoe boxes only).
- 2) Gift wrap the top and bottom of the shoe boxes separately for easy access.
- 3) Fill each box with one non-perishable item from each category listed below.
- 4) Include a note of cheer in each box (first name only, no addresses).
- 5) **Drop off completed boxes to PRMS or PRHS by February 26.**
- 6) Teachers begin delivering boxes on February 27.



No more than one item from each category per box

Vegetable <ul style="list-style-type: none"> Any canned vegetable (low sodium only) 	Soup <ul style="list-style-type: none"> Low sodium chunky soup (minestrone, etc.) Low sodium vegetable soup (tomato, etc.)
Fruit <ul style="list-style-type: none"> Any canned fruit (packed in its own juice or water) Raisins or other dried fruit 	Starch <ul style="list-style-type: none"> Pasta Oatmeal packet Individual mac and cheese Individual rice packets
Protein <ul style="list-style-type: none"> Canned chicken Canned tuna or salmon Sardines 	Beverage <ul style="list-style-type: none"> Shelf-stable boxed milk Parmalat
Condiment (optional) <ul style="list-style-type: none"> Jam/jelly (no sugar added) Small containers of mustard, ketchup, mayo, honey or lite salad dressing 	Dessert (optional) <ul style="list-style-type: none"> Prepacked low sugar, low fat pudding snacks (shelf-stable) Granola bar Juice

Sponsored by PRMS PTA, PRHS PTSA & Pearl River Teachers Association

****One Blizzard Box = One Community Service Hour****